

walk the talk

health, primary care and young people

National primary care conference

Wednesday 19th March 2008

Royal College of Physicians

9 Queen Street, Edinburgh

Programme

health, primary care and young people



walk the talk

health, primary care and young people

9.15am Registration

Tea and coffee served in the marketplace

10am Welcome and Chair

Dr Linda De Caestecker, Director of Public Health, NHS Greater Glasgow and Clyde

10.10am Opening Address

Shona Robison, MSP, Minister for Public Health

10.30am Young people and healthcare: the Scottish context

Alastair Pringle, Patient Focus Manager, Directorate of healthcare policy and strategy, Scottish Government

10.50am The voices of young people

First showing of a specially commissioned DVD of young people presenting their thoughts, expectations and experiences of health services

11.10am BREAK

Tea and coffee served in workshop rooms

11.30am 10 interactive workshops

Delegates will have the opportunity to attend their pre-chosen workshop

12.30pm LUNCH in the Great Hall

Lunchtime activity will include the opportunity to browse the marketplace, picture gallery and view four films made by young people on health issues

1.30pm Afternoon opening address

Professor Trevor Gibbs, Deputy Chair and the Executive Officer (Policy) within RCGP Scotland

1.40pm A framework for considering youth-friendly health services

Chandra-Mouli Venkatraman, Coordinator of the Department of Child and Adolescent Health and Development, World Health Organization (WHO)

2.10pm Delivering youth-friendly primary care

Dr Dick Churchill, Associate Professor and Director of Clinical Skills, University of Nottingham Medical School and Vice Chair of the RCGP Adolescent Task Group

2.30pm BREAK

Tea and coffee served in workshop rooms

2.40pm 10 interactive workshops

Delegates will have the opportunity to attend their pre-chosen workshop

3.40pm Next steps to delivery

Margaret Burns, CBE, Chair, Health Scotland and Graham Ogilvie, Ogilvie Design

4pm Close

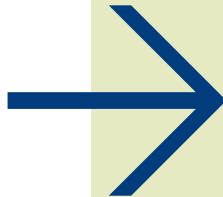


Speaker Biographies

Dr Linda De Caestecker
Director of Public Health,
NHS Greater Glasgow and Clyde

Linda De Caestecker is Director of Public Health with NHS Greater Glasgow and Clyde. She has been a consultant in public health for 14 years with a special interest in maternal and child public health. She was previously Head of the Child and Maternal Health Unit of the Scottish Executive Health Department.

Her clinical background is in obstetrics and gynaecology and she held a variety of posts in this specialty in the UK and in West Africa. Her research interests are in early childhood interventions and in the management of change in large organisations.



walk the talk

health, primary care and young people

Shona Robison Minister for Public Health, MSP for Dundee East for the Scottish National Party

Shona Robison is the Member of the Scottish Parliament for the seat of Dundee East and following the SNP victory at the 2007 elections has become the Minister for Public Health in the Scottish Government.

Shona was born in Redcar in 1966 and was educated at Alva Academy. She gained an MA in Social Sciences at Glasgow University followed by a Post Graduate Certificate in Community Education at Jordanhill College.

Shona was first elected to represent Dundee East constituency at the Scottish Parliament elections in 2003. Shona was returned to the Scottish Parliament at the 2007 elections on an increased majority. Prior to becoming an MSP, Shona worked in social care as a home care manager working in some of the most deprived communities in Glasgow.

Both at a ministerial level but also in her constituency, Shona faces challenges of tackling real poverty issues and believes the agenda for tackling health inequalities is very important.

Alastair Pringle Patient Focus Manager, Directorate of healthcare policy and strategy, Scottish Government

Alastair has responsibility for the development of national policy on Patient Focus issues, including the 'Fair for All' Equality and Diversity approach for NHS Scotland as part of the wider Patient Focus Public Involvement (PFPI) agenda.

He has specific responsibility for enabling and supporting the development and implementation of policy and strategies for improving practice in support of key government commitments, including 'Better Health Better Care', the 'NHS Reform (Scotland) Act 2004', the 'Race Relations Amendment Act', the 'Disability Discrimination Act' and other equalities legislation.

Alastair joined the Scottish Government in April 2005, following 17 years working in the NHS, working on a range of health and community development initiatives with a variety of socially excluded groups and communities.



Speaker Biographies



Professor Trevor Gibbs
Deputy Chair and the Executive Officer
(Policy) within RCGP Scotland

Trevor Gibbs is a Professor of Medical Education, and a Consultant for the Association of Medical Education in Europe. Most of his working background has been as a Principal in General Practice.

As a GP he shaped the concept of the practice nurse and nurse practitioner, introduced structured sabbaticals, Senior GP Registrars and other educational opportunities for GPs. Trevor was recognised by the National Audit Commission for his role in national prescribing activities.

His university-based academic career began at Liverpool Medical School in 1996 where he developed the largest undergraduate, community-based programme in the UK. He spent four years as the Director of Medical Education in Cape Town and one year in the same role in Bahrain before moving to Scotland. He holds the position of Professor of Family Medicine, in the Ukrainian Association of Family Medicine and has recently developed the RCGP-Scotland Ukraine Travelling Fellowship. Professor Gibbs was recently invited to Japan to assist in Japan's on-going development of Family Medicine.

Chandra-Mouli Venkatraman
Coordinator, Adolescent Health and
Development, Department of Child and
Adolescent Health and Development,
World Health Organization,
WHO (Geneva, Switzerland)

Dr Chandra-Mouli coordinates the Adolescent Health and Development (ADH) team, one of the three teams in the department. In addition to his managerial work, Dr Chandra-Mouli is involved in both research and development, and technical support provision in the area of improving the making health systems responsive to the needs of adolescents.

Before joining WHO headquarters, he worked for 12 years in resource-constrained settings – in providing clinical services, in coordinating the activities of front-line Non Government Organisations (NGOs), in capacity building work, and in providing financial and technical support to government bodies and NGOs. His wide-ranging experiences have provided him with a sound understanding of the realities on the ground, and have served as excellent preparation for the technical and managerial work that he does in WHO.

Dr Dick Churchill GP and Associate Professor of Primary Care, University of Nottingham and Acting Chair of the RCGP Adolescent Task Group

Dick Churchill is a GP and Associate Professor of Primary Care at the University of Nottingham Medical School. Before studying medicine he had trained and worked as a clinical biochemist in Surrey. He graduated in medicine from the University of Nottingham in 1989 and subsequently remained in the area to undertake vocational training in general practice. As an academic GP he has research interests in the healthcare of young people and in mental health.

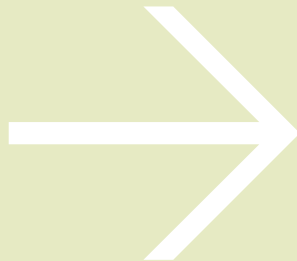
Dick is a long-standing member of the RCGP Adolescent Task Group and has been Acting Chair of the Group for the past year. In this role he has contributed to numerous conferences and to the production of training materials for GPs and practices, as well as representing the RCGP on child and young people's health at policy level.

Dick has recently become a founder member and trustee of the Association for Young People's Health. He is also co-editor of the new RCPCH e-learning package on Adolescent Health. In addition he combines regular clinical work with a role as Director of Clinical Skills in the Medical School.

Margaret Burns, CBE Chair, Health Scotland

Margaret Burns, CBE has many years experience working for consumer organisations such as the Scottish Consumer Council and Consumer's Association. For nine years, until March 2007, she was a member of the Health and Safety Commission and Chair of the Partnership for Health and Safety in Scotland. She is presently a non-executive director in NHS Grampian and a member of the Committee on Radioactive Waste Management.

Ms Burns has been appointed as Chair of Health Scotland for four years from 3 December 2007.



Launch of Youth Voices DVD



Young people from seven different agencies and groups across Scotland took part in a video project to communicate their opinions, expectations and experiences of health services. Working with Strange Boat Ltd they have identified, discussed and recorded a range of issues they feel are important to communicate to health care professionals. The result is an insightful and informative account of what young people would like to see within health services. This DVD will also be available to download online, please visit walk-the-talk.org.uk

Agencies include:

Young People's Health Advisory Group, The Corner, LGBT Youth Scotland, The Junction, Paisley Threads, Young Scot Panel and Fast Forward in association with Strange Boat Ltd.

Scotland's Commissioner for children and young people (SCCYP) and NHS Education for Scotland (NES) support eight young people aged 14-21, called the Young People's Health Advisory Group.

The Corner, Dundee provides a wide range of confidential health and information services for young people aged between 11-25 years and involves young people in all aspects of its work.

LGBT Youth Scotland is a national youth organisation working towards the inclusion of lesbian, gay, bisexual and transgender young people in the life of Scotland.

The Junction is a safe, friendly, confidential centre which offers lots of health related services, education, advice and support for young people in Leith and North East Edinburgh aged 12-21.

Barnardos' Paisley Threads project offers support to young people in Renfrewshire and a range of advice on housing matters and also parenting advice to young mums and dads.

The Young Scot health panel were recruited in December 2007, this group comprises of 16 young people from across Scotland aged between 14 and 21 who have been recruited by Health Scotland and Young Scot to help contribute to the development of health-based web information on the Young Scot website.

Fast Forward is a national voluntary organisation based in Edinburgh. They promote health and wellbeing through education by, with and for young people.

Interactive Workshops

Our Lives – Snakes and Ladders Barnardos

This workshop involves the old game of Snakes and Ladders in a giant size. Through experiential learning participants can use the session to identify gaps in service, challenge attitudes, and devise ways to improve professional practice.

Access to services: creating a young people friendly service Healthy Respect

An interactive session exploring young people's sexual health services and identifying key criteria for creating a young people friendly service in schools, community or primary care.

Values and Principles when providing Health Services

The Corner
An interactive session led by young people with a V.I.E.W. to exploring values and principles when providing health services for young people.

Making your service inclusive for LGBT young people LGBT Youth Scotland

A workshop about the specific barriers that prevent lesbian, gay, bisexual and transgender (LGBT) young people from accessing primary care services.

Improving Looked After Children's Access to Primary Health Care Scottish Healthy Care Network

This workshop will explore barriers and solutions to looked after children's access to primary health care services.

Young Parents' Experiences of Services and Support

Scottish Council for Single Homeless

This session focuses on young parents who have been homeless or suffered housing crisis and their experiences of engaging with health and other services.

Young People and Drugs Fast Forward

This participative workshop is aimed at increasing participant's knowledge and understanding on the issue of young people and substance use/misuse.

'In Ma Heid' – Young People and Mental Health Penumbra/Heads Up

This interactive workshop will feedback young people's voice about mental health and what it means to them, through the 'In Ma Heid' conference report and film.

Health Scotland and Young Scot partnership Young Scot

Participants will find out more about Health Scotland's young people's programme and Young Scot's unique partnership, which provides health information to young people through a variety of creative and innovative ways.

Young People and Primary Health Care Dr Laura Jones GP

This workshop will present experience over 14 years in an area of rural deprivation – improving awareness, access and uptake of sexual health services for local young people.



DVD Lunchtime Session

Delegates will have the opportunity to view four different films over lunchtime made by young people capturing a number of different health issues, each film will last for approximately 15 minutes.

Location of viewing: **Lecture Theatre**
Time of viewing: **12.30pm-1.30pm**

Film 1

Beyond the Ribbon

Organisation: LGBT Youth Scotland

Produced recently for World Aids Day, focuses on the lives of five young people brought together unexpectedly by the impact of HIV on their lives and relationships. The script was written from true events and relates to the young actors recruited from the FUSION volunteers group based at LGBT Youth Scotland.

Film 2

Influenced and Fight

Organisation: The Corner

Influenced made by peer educators at The Corner in Dundee, this film aims to highlight some of the risks around under-age drinking. The script was written by the group who took on roles such as writing, acting and directing as well as location scouting and props.

Fight made by peer educators as part of a project exploring drinking, consequences and perspectives.

Film 3

Healthy Care

Organisation: Scottish Healthy Care Network

Young people from a looked after and accommodated setting talk about their views and experiences of health whilst being in and leaving local authority care. Whilst young people identify various obstacles and barriers in accessing appropriate and relevant services and information, they also highlight opportunities and valuable solutions to improving their access to these services.

Film 4

Sex, Drugs and What You Know

Organisation: Borders Youth Health Forum

This DVD was made at the first health conference organised by young people for young people in the Borders, in March 2006. The conference identified what young people thought of health services and began work with NHS Borders to make services more accessible and young people friendly. Following the conference, the Borders Youth Health Forum (BYHF) was established who made the second part of the DVD to let peers and service providers know what has changed since they formed.

walk the talk

health, primary care and young people

**National primary
care conference**

Wednesday 19th March 2008
Royal College of Physicians
9 Queen Street, Edinburgh

walk-the-talk.org.uk

Supported by:



Royal College of
General Practitioners



Royal College
of Nursing
Scotland



RCGP Scotland

healthyliving

NHS
Health
Scotland